

Relax your body to gain serenity and increase your vital energy

For your well-being, Cécile offers several massages in your room :

THAI MASSAGE WITH ESSENTIAL OILS

This energetic massage alternates gentle movements, deep pressure and light tapping to release energy flows. It brings relaxation, tone and relieves muscular tension. It is performed on a table, in underwear.

Prices : Session $1h : 70 \in$ For 2 people $(2x1h) : 120 \in$

CALIFORNIAN MASSAGE

The Californian massage is the ultimate relaxing treatment. Through fluid, slow and very enveloping movements it brings deep relaxation. It is done on the table, in underwear.

Prices : Session $1h : 70 \in$ For 2 people (2x1h) : 120 \in

SHIATSU

Shiatsu means finger pressure, it is an officially recognized health art in Japan. Through pressure on the acupuncture meridians and gentle stretching, shiatsu brings you relaxation, relaxation and recovery after physical exertion, childbirth, etc. A shiatsu session takes place on a futon on the floor. You wear loose, comfortable clothes.

Prices : Session $1h : 70 \in$ For 2 people $(2x1h) : 120 \in$

For any information and to make an appointment, contact Cécile

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